

WALTER – RIGSBY COLLABORATION AWARD

PHI IOTA OMEGA CHAPTER





Alpha Rho Phi Society, Incorporated
SOUTH EASTERN REGION
90th South Eastern Regional Conference

Rolling Down the River in Excellence
Memphis, Tennessee

Walker-Rigsby Collaboration Award

Description: This award is given to the chapter collaborating with community organizations in planning and implementing activities which enhance our commitment to giving service to mankind and in promoting equal opportunities for all citizens. Award entries should include activities which occurred since the last Regional Conference. (50 slides limit, excluding title page)

Criteria:

1. List and describe the activities and programs in which your chapter participated or initiated to enhance its commitment to promoting equal opportunity for all citizens. Use pictures, newspaper articles, etc. (40 points)
2. Explain the methods used to disseminate the information to the community. (40 points)
3. Share one positive result of your involvement in the activities. (20 points)

Chapter Information:

Chapter Name Phi Iota Omega Chapter Location Birmingham, AL
Chapter Name Betty Wells Chapter Location wells.betty@gmail.com
Basileus' Name: 205.529.2102 Basileus' Email
Basileus' Phone

Chapter Size: S ☐ M ☒ L ☐ XL ☐ Number of Sorors in Chapter as of 12/31/2021 122

Signatures:

Betty M Wells [Signature]
Basileus Grammateus

All Award Entries must be submitted to the Regional Awards Dropbox by January 21, 2022.

31





GRACE HOUSE GIFT WRAP

- Wrapping gifts to raise money to fund Grace House: a facility to house girls 13-18



Alpha Kappa Alpha Sorority, Incorporated ®
Phi Iota Omega Chapter
AKA Caregivers' Observance Day
November 19, 2021

Did You Know?

Statistics	Health	Finance	Support
<ul style="list-style-type: none"> • Nearly 48 million caregivers are caring for someone over the age of 18. • Nearly one in five (19%) are providing unpaid care to an adult with health or functional needs. • Family caregiving spans across all generations, including Boomers, Gen-X, Gen-Z, Millennials, and Silent. • 65% of family caregivers work (either part-time or full-time) in addition to being a caregiver. 	<ul style="list-style-type: none"> • More Americans (25%) say caregiving has made their own health worse. • About 1/2 of African American caregivers feel they had no choice in taking on their role, but the majority find a sense of purpose or meaning in that role. • African American caregivers less often report being in excellent or very good health than non-Hispanic white caregivers. 	<ul style="list-style-type: none"> • Most African American caregivers report at least one impact on their work due to their role (i.e., arriving late, leaving early, or taking time off to provide care). • African American caregivers report experiencing 2.4 financial impacts as a result of providing care (i.e., stopping saving, leaving bills unpaid or paying them late, or taking on more debt) compared to their counterparts. 	<ul style="list-style-type: none"> • 1 in 4 caregivers would like help or information figuring out forms, paperwork, or eligibility for services or support. • 1/3 of caregivers of younger adults ages 18-49 feel having respite services available would be helpful. • 1 in 4 had modifications made to the home where their recipient lives.

Source: Caregiving in the United States 2020 by AARP, National Alliance for Caregiving, May 14, 2020 (aarp.org).

Follow Phi Iota Omega on  



AKA Caregivers Impact Day 2021

- Social Media Awareness Blitz on **AKA Caregivers Impact Day**, November 19, 2021.
- Partnered with AARP
- (12) Caregivers were provided with a backpack and thermal cup donated by AARP and a "**Mind, Body, and Soul**" care package that consisted of "A Caregiver's Poem," gift card, snacks, health and wellness goodies, and caregiver resources.

Promoting the Joint Health Fair via social media



Joint Community Health Fair

**BIRMINGHAM
Stay Well**



Free and open to the public!
Saturday, October 16, 2021 - 10:00 AM - 3:00 PM
Kelly Ingram Park
500 17th St N Birmingham, AL 35203

Hosted By:
Alpha Kappa Alpha Sorority, Incorporated*
Birmingham Area Graduate and
Undergraduate Chapters


Joint Community Health Fair

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PIO AT THE COMMUNITY HEALTH FAIR WITH FORMER SUPREME BASILEUS, DOROTHY BUCHANNAN WILSON



COMMUNITY HEALTH FAIR ACTIVITIES



SOROR RECEIVING BOOSTER



JOINT FOUNDERS' DAY



- Phi Iota Omega Chapter, along with Omicron Omega, Upsilon Eta Omega, Psi Xi Omega, Gamma Pi, Iota Phi, and Omicron Mu honored the founding of the sorority. Over 500 sorors attended the first ever Virtual “Join the Founders’ Day” celebration
- Recognition was also given to Precious Pearls who have been a member of Alpha Kappa Alpha Sorority for 65 + years.

JOINT FOUNDERS' DAY PLANNING COMMITTEE





CELEBRATING JOINT FOUNDERS' DAY

First Supreme Anti-Basileus
Danette Anthony Reed was
the featured speaker. She
reminded us to protect our
pearls and its legacy.



PROMOTING THE INTERVIEW SKILLS WORKSHOP ON SOCIAL MEDIA



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Classic Pearls, Inc.
a 501(c)(3)
in association with
Phi Iota Omega Chapter
Alpha Kappa Alpha Sorority, Inc.

Free
INTERVIEW SKILLS
VIRTUAL WORKSHOP

Saturday, April 3, 2021 | 11 AM

Scoring Big with
Resume Writing Tips

TOPICS
CLICK
HERE
TO
REGISTER

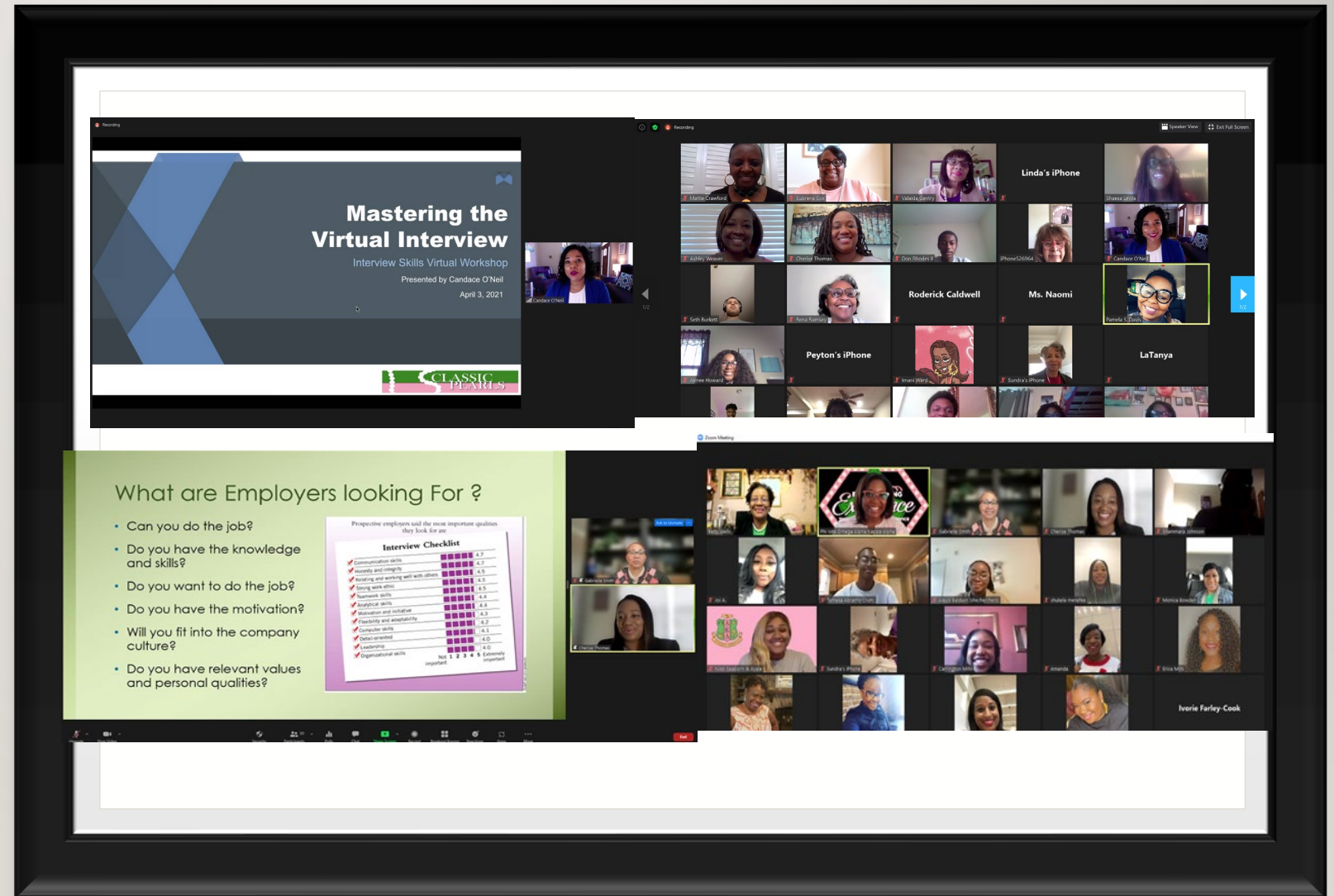
How to Master
a Virtual Interview

WIN PRIZES

Contact Information:
P.O. Box 503
Birmingham, Alabama 35201
www.classicpearls.org
scholarships@classicpearls.org

WIN PRIZES

#CAP Workshop Participants



ALPHA KAPPA ALPHA SORORITY, INCORPORATED ®
PHI IOTA OMEGA CHAPTER
TARGET III: BUILDING YOUR ECONOMIC LEGACY /OPERATION AKA ASSIST



"Give-November"
Youth Shelter
Donation



**TOILETRY & HOUSEHOLD ITEM
DONATION DRIVE
HOPE HOUSE
NOVEMBER 29, 2021**



Follow us on





Items collected and donated to a shelter for homeless teens



Donating items for the community kitchen to make the stay at the Lodge feel more homely



HOMELESS YOUTH DONATION

- Collecting dental hygiene items (toothbrushes, toothpaste, floss) for homeless youth at the Hope Center, Birmingham.





Alpha Kappa Alpha Sorority, Incorporated ®
Phi Iota Omega Chapter
Target 2: Women's Healthcare and Wellness
Presents

OVERCOMING BREAST CANCER: A CONVERSATION WITH SURVIVORS

Guest Panelists:
Karen Harper, MSN, RN, OCN
Angela D. Hunter, MBA, BSN, RN
Jessica Sparks, MSN, CRNP

Tuesday, October 12, 2021
6:00 PM CST
Zoom Meeting
Meeting ID: 832 6273 1098
Passcode: 459672



Follow us on

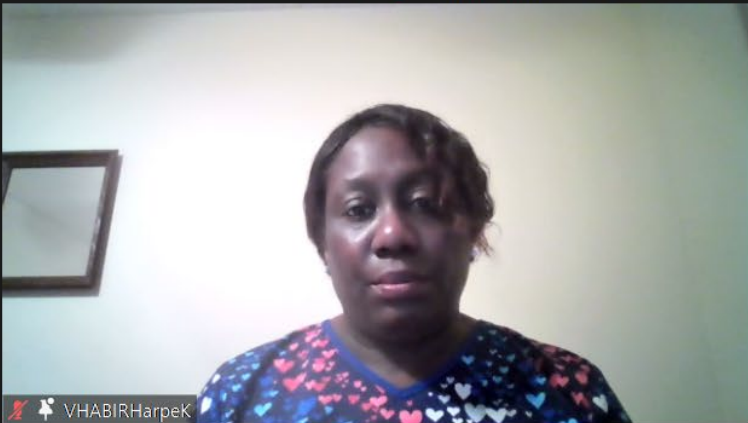


TARGET II: OVERCOMING BREAST CANCER: A CONVERSATION W/ BREAST CANCER SURVIVORS

- Phi Iota Omega hosted its 2nd Annual Breast Cancer Forum on October 12, 2021 titled, “Overcoming Breast Cancer: A Conversation with Survivors.” The discussion was led by three dynamic speakers, Karen Harper, MSN, RN, OCN; Angela D. Hunter, MBA, BSN, RN; and Jessica Sparks, MSN, CRNP, who candidly shared their individual journey and struggles of conquering breast cancer. Although they were all professional nurses that have cared and managed the care of oncological patients, they never would have imagined that breast cancer would impact them. Each panelist discovered a lump while performing a breast self-examination (BSE).
- Two of the three nurses were diagnosed with breast cancer before the age of 40. Topics discussed during the forum included: signs and symptoms of breast cancer;
the physical and emotional impact;
treatment planning and recovery
the importance of minority involvement in clinical trials and research;
and breast cancer survivorship clinic.



Breast cancer panelists



THE 19 WELLHOUSE

is a safe haven for female victims of human trafficking. Their mission is simple: restore.



LUNCH & LEARN: HUMAN TRAFFICKING



- On April 30, in collaboration with the Program and Connection Committees, a Lunch-n-Learn on Human Trafficking was held. Our guest speaker was Dr. Lauren Mays, Assistant Professor at UAB School of Nursing and a nurse practitioner at The Wellhouse. Dr. Mays provided invaluable information on screening, identification, and referral of victims of human sex trafficking.
- There are over 100,000 individuals trafficked each year in the U.S. which includes sex trafficking and labor trafficking.
- The National Human Trafficking Hotline is 1-888-3737-888.

COLLECTING AND DONATING SOCKS, HYGIENE PRODUCTS AND BLANKETS FOR WELLHOUSE





ALPHA KAPPA ALPHA SORORITY, INC.
Phi Iota Omega Chapter
presents





Virtual Financial Fitness & Homeownership Workshop
February 26, 2021
6-7 PM
Via Webex: <https://bit.ly/2NukxiQ>

- Learn easy saving tips
- Personal Finance & Money Management
- Home Refinancing
- Retirement Planning

SPEAKERS



Dr. Stephanie Yates, PhD
UAS Department of Finance



Tyler James
New York Life Insurance Co.



Damian Gilbert
Production Manager, VP Regions Mortgage



Shaena Lewis
Financial Planner

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VIRTUAL FINANCIAL PLANNING WORKSHOP

- On Friday, February 26, 2021, PIO hosted a virtual Financial Workshop for the community to share information on saving, investing, and retirement planning. There were 71 participants in attendance.
- The webinar featured Ms. Sabrina Alexander, owner of Financial Bliss; Mr. Damien Gilbert, mortgage specialist, Regions Bank; Ms. Shaesa Lewis, owner of Let's Budget with Shaesa!; and Tyler James and O. Scott Key, financial advisors for New York Life Insurance Company.

